

1pm

The Hungry Monk Restaurant

With variety being the spice of life, we bring you a fascinating demo on Thai Food, presented by Yuetlam and Sherry of The Hungry Monk Restaurant in Monaghan's Park Street. Delicious food and stunning presentation on the menu! If you love Thai food but don't know how to prepare it, don't miss this demo.

2pm

Frank Forde – Cook, Comedian and Impersonator

If you enjoy a bit of a laugh, you'll love this slot. Frank has entertained at many public and private events and is perhaps best known for his many TV and radio performances. You may have caught Frank on the very popular "Funny Friday" Show. An expert impersonator, you never know what surprise Guests Frank may bring along to Taste of Monaghan with him! Don't miss it – laughter is after all the best medicine!

3pm

Conor Mee, Courthouse Restaurant, Carrickmacross

More local talent to add to the Taste of Monaghan feast. The Courthouse Restaurant attracts guests from all over the country and is the very worthy recipient of multiple awards

4pm

Jenny Eustace, Silver Hill Farm

Now we present Ireland's top expert on delicious duck creations. As New Product Development Manager, Jenny has developed the recipes and methods which make Monaghan's own Silver Hill Farm duck a top favourite throughout the world. Well done Silver Hill and Jenny. You make Monaghan very proud – as well as making a hugely significant contribution to our local economy!



5pm

Joe Shannon

We close with another cracker of a demo from the great man himself – Joe Shannon. Media personality, entertainer, raconteur and most of all, amazing Chef, Joe brings the 2016 Festival to a close. But don't worry – we'll go out with a bang, not a whimper – that's just not Joe's style.

- Master of Ceremonies – Joe Shannon
- 60+ Exhibitors in The Taste of Monaghan Marquee
- Music, poetry and entertainment from Monaghan Arts Network and Monaghan Poets and Songwriters (Moposogs)
- Children's activities with Clever Cloggs Day Care and Nursery, Jumping Clay, Ulster Bank, Busy Bee Ceramics and more
- Taste of Monaghan Specials at Participating Restaurants

A great weekend awaits for all the family at the Taste of Monaghan Festival 2016

Festival Marquee – Upper Court House Car Park, Monaghan

Please note that the Taste of Monaghan Committee reserves the right to adjust the programme of events should this prove necessary

www.tasteofmonaghan.com



Festival of Food

Great Food and Great Chefs in a Top Foodie Destination

Friday 7th – Sunday 9th October 2016



Admission: Weekend €5 | Daily Rate €3
www.tasteofmonaghan.com

Friday 7th October

11am Schools Cookery Competition
A great opportunity to witness Monaghan's young culinary geniuses at work and sample their delicious creations. Always a lively and high octane participation event! The perfect start to this great celebration of local food and skills.

1pm Joan Boyd – Joan Boyd Tray Bakes

Monaghan Farmers' Market's wonderful Joan Boyd will educate and entertain us in her own inimitable style. Joan is not afraid to experiment and her tray bake demos always go down a treat – as do her tray bakes!



2pm Adrian Martin

Chef Adrian's mission is to inspire people to cook real food – and this he does with extreme success! Among other accolades Adrian is listed by Joe.ie as a top rising star in 2015. A regular on TV3's Seven O'Clock Show, Adrian has now teamed up with RTE to produce 10 videos for the RTE Player Food Bites - themed "Fakeaway with Chef Adrian". Don't miss Chef Adrian – he's great!

3pm Matthew Luca

Everyone loves an Italian and here's your chance to see a true expert create his delicious, nutritious Italian delights. Food for the family - "per la famiglia" – awaits your delectation!



4pm Liam Boland – Bia Maith Chef and Blogger
The founder and chef at BiaMaith.ie went from professional chef to Social Media Culinary King after having to give up work due to ill health. Liam's first book "Good Food Made Simple" was one of the best selling cookbooks in Ireland last Christmas. Come and see him cook up a storm with some of his signature dishes – he's sure to inspire you with his skills.

5pm Eddie Edvis Rudzinkas

What better way to finish a great day out than to witness our amazing cocktail wizard at work? Very special treats in store from multi-award winning creator of deliciousness in a glass – Eddie Edvis Rudzinkas.



Saturday 8th October

11am Cathy MacKenna
We are delighted to welcome the very talented Cathy Mac Kenna – winner of The Great Irish Bake Off 2015 – to the stage. Lots of innovation, creativity and entertainment in store from this wonderful Monaghan Baker. Don't miss the opportunity to see Cathy in action!



12.00noon Eastern Balti House
Back by popular demand Quality, taste and irresistible aromas await! The Indian food experience par excellence.

1pm Liam Boland, Bia Maith Chef and Blogging King
So good we booked him twice! The perfect demo for families and foodies who want to make amazing meals on a budget.

2pm Joe Shannon and Chef Adrian

These two make a formidable duo! Joe he is a regular contributor on TV3's hugely popular "Ireland AM".



He is also well known for his radio work on Ocean FM, MWR, Today FM, Newstalk, 2FM, BBC Northern Ireland to mention but a few, contributing a light hearted approach to recipes – adding fun and laughter on the way. We look forward to seeing them in action together – great food and a bit of craic to boot!

3pm David Bez – Salad Pride

David is a food lover with limited time - an Italian who cares about what's on his plate; a designer who knows that you eat with your eyes first. His blog, SaladPride, is followed by salad fans all over the world and has been publicised in the Daily Mail, The Daily Telegraph, Emerald Street, The Huffington Post and The Times. His first book, "Salad Love", has been translated into 26 languages around the world. His second book, "Breakfast Love", was published in February 2016. A great opportunity to share David's insights into the wealth of presentation techniques, flavours and variety which is to be had from the creative use of simple salad ingredients. Another first for Taste of Monaghan 2016!



4pm Gerry Falloona
Twice a finalist in the BBC Masterchef and presenter with "The Food Freak" on Belfast 89fm, Gerry makes good food entertaining. His wit and humour are legendary and attending his demonstration at Taste of Monaghan is an absolute must! Entertainment, fun and delicious food.... What more could you want on a Saturday afternoon?

5pm Eddie Edvis Rudzinkas
Another opportunity to see our local cocktail wizard at work and sample more innovative deliciousness in a glass. Don't miss this – there could be a few surprises in store for you as well!

Sunday 9th October

10.30am Walk in support of SOSAD Suicide Prevention Charity followed by refreshments and music in The Festival Marquee
Get your Sunday off to a great start and support this very worthy local Charity. Contribution €10 (Registration at 10 am in The Festival Marquee)

11.30am Monaghan Gospel Choir
Music – food for the soul! Monaghan Gospel Choir never fails to edify and delight ... another wonderful treat for Sunday morning.

12 noon Adrian Martin
Your last chance to enjoy and learn from Ireland's Top rising star – Chef Adrian. Adrian took his place in the Guinness Book of Records last year for making the world's largest potato pancake as part of Coeliac Week. Don't miss him – he's good!

